



# HEADS UP WEEK #3



**MAKE IT COUNT!**



## FOR COACHES

- **DEVOTION SCHEDULE** – Regardless of what # devotion you are currently on, every team will need to plan to be on **Devotion #8 for the week of Sept. 5<sup>th</sup>**. This means that you may have to **combine** some devotions in the weeks to come. Please be sure to only combine devotions of the same virtue theme. The last devotion (pgs 50-52) will be done after your game during the week of Sept. 19<sup>th</sup>.
- **COACHES MEETING:** There will be an important coaches meeting on **Sunday August 21<sup>st</sup>** at 3:45PM in the SBC Auditorium. At least one coach from each team should be present.
- **TEXT ALERTS** – Coaches if you have not signed up for our text alert system please do so. Go to [www.sbcwr.org/connect](http://www.sbcwr.org/connect) and sign up to get text alerts about weather cancellations & other info.
- **MISSING PLAYERS:** If you have a player out tonight please call ASAP and inform them of Next Practice, & game info. If any player has dropped from your team, please notify us as well.
- **SATURDAY IS GAME DAY** - our first Game Day is this **Saturday Aug 13<sup>th</sup>**. All teams will meet in the YAC Gym first in an assigned room.
- **GAME DAY PROCEDURES** - Be sure to pick up a **GAME DAY PROCEDURES** sheet at the equipment desk tonight. Go over this info with your parents and communicate to them where to meet & what time to arrive.
- **RULE REMINDERS:**
  - **Throw In** – officials will enforce proper technique. 1<sup>st</sup> & 2<sup>nd</sup> grade leagues will be given a second chance on a throw in violation. For other leagues it will be a turn over. K4-5 league will not do throw ins, but rather a kick in. (refer to pg 61 in coaches playbook)
  - **Defender Line (K4-5 & 1<sup>st</sup> – 2<sup>nd</sup> grades)** – There are no goalies in these leagues. Likewise no defender may be positioned directly in front of the goal. The defender must play in front of the defender (dotted) line. Defenders can penetrate over their own line as the ball crosses the line.
  - **Goalies** – (for 3<sup>rd</sup> grade & up) will be determined by the 3<sup>rd</sup> player in each segment's rotation. Each team will be issued a "goalie shirt".
- **GAME COLORS** - **HOME** team wears **BLUE** & **VISITORS** wear **GREEN**.

